

CORE PRODUCTS®

APEX Cervical Orthosis with Heat

INSTRUCTIONS FOR USE

Assists restoration of proper cervical lordosis.

This product must be used under the supervision of a health care professional.

MicroBeads Pack: Heat 10 seconds on high heat, knead, and then continue heating at 5 second intervals until desired temperature is reached. Knead after each heating.

Place patient in supine position on a firm surface. Locate the apex of the cervical contour in the area of lordotic loss. The larger angled surface should be placed under the upper thoracic spine. Use for an initial treatment of 2 minutes. Increase each daily treatment in 1 minute intervals, with a maximum treatment time of 20 minutes.

Train patient to roll off of the Apex before sitting up post treatment. Some soreness or stiffness is normal. We recommend applying our CorPak™ Cold Therapy Pack to the affected area for 15 minutes after each treatment.

(CorPak sold separately)